

South Side Youth Organization Volleyball Rules 2009

The SSYO will follow Minnesota High School League Rules with the following exceptions.

Varsity

- Teams may play with as few as four players without forfeiting the game. Additional players may be added by substitution during the game after their arrival to the gym. The team that has at least six players at game time will be given the first serve.
- After six consecutive serves by one player, the serving team must rotate to a new server. The serving team keeps possession of the ball and serves.
- If time allows, the third game of the match will be played regardless of win-loss record.
- Kneepads are required.
- Mouth guards are highly recommended.
- Libero players will not be allowed to serve.

High School League Rules

- Rally scoring to 25 with no cap.
- Setting a serve is allowed.
- Players cannot attack a serve about the net.
- A **double hit on a serve**/receive is allowed if due to the velocity of the serve.
- If a ball **touches the net** at the antennae or outside the antennae, it is considered out of play regardless if a team player touches the ball.
- A served ball that hits the net and continues over is still in play and no longer a net serve. If the ball hits the antennae or is outside of the antennae, it is immediately out of play.
- A maximum of 18 substitutions is allowed per game at Varsity level.
- No jewelry!!! Players may not put extra hair wraps on their wrist!

The home team is designated by a coin toss prior to the first game. Another coin toss at the beginning of the third game designates serving team.